

Week 1

MONDAY

Breakfast: Organic bananas, Annie's cereal, and organic milk

AM Snack: Pita chips with avocado dip and fresh blueberries

Lunch: All natural beef meatballs (V)veggie nuggets with organic steamed rice, organic corn, and organic milk

PM Snack: Veggie straws and seasonal fresh fruit

TUESDAY

Breakfast: Fresh oranges, Abe's assorted muffins, and organic milk

AM Snack: Organic carrots with organic dressing and Annie's bunnies

Lunch: (V)Fresh four cheese ravioli with tomato sauce on the side, organic green beans, organic applesauce, and organic milk

PM Snack: Nature's Bakery bars and assorted fresh fruit

WEDNESDAY

Breakfast: Chobani Greek yogurt, organic fruit bars, and organic milk

AM Snack: Fresh peaches and organic graham crackers

Lunch: (V)Cheesy French bread with organic tomato soup, Caesar salad, organic mixed berries, and organic milk

PM Snack: Clif-Kids Zbars and seasonal fresh fruit

THURSDAY

Breakfast: Organic waffles with maple syrup, organic strawberries, and organic milk

AM Snack: Organic cucumber, fresh blackberries, organic animal crackers, and organic mozzarella cheese

Lunch: Organic spaghetti with organic tomato and meat sauce (hidden spinach) (V)tomato sauce, oven roasted parmesan garlic cauliflower, fresh rolls, and organic milk

PM Snack: EnviroKidz organic cereal and seasonal fresh fruit

FRIDAY

Breakfast: Organic smoothies, wheat toast with organic jelly, and organic milk

AM Snack: Organic pineapple and organic green pea snack crisps

Lunch: Organic chicken nuggets (V)veggie nuggets, fresh rainbow veggies, organic mashed potatoes, and organic milk

PM Snack: Homemade trail mix and seasonal fresh fruit

Week 2

MONDAY

Breakfast: Organic bananas, 365 organic cereal, and organic milk

AM Snack: Organic fresh broccoli with organic dressing and Annie's bunnies

Lunch: Organic chicken alfredo (V)meat-free sauce with organic spinach, fresh bread, fresh strawberries, and organic milk

PM Snack: Organic BEAR fruit rolls and seasonal fresh fruit

TUESDAY

Breakfast: Annie's cinnamon rolls, organic raisins, fresh raspberries, and organic milk

AM Snack: Organic celery and organic cheddar crackers

Lunch: All-natural rotisserie chicken tacos, fresh bell peppers, steamed organic brown rice, and organic sliced pineapple

PM Snack: Cascadian Farms organic cereal and seasonal fresh fruit

WEDNESDAY

Breakfast: Organic yogurt protein parfaits, vegetable muffins, and organic milk

AM Snack: Organic mozzarella cheese, fresh tomatoes, and organic round crackers

Lunch: All-natural turkey and cheese sandwiches on wheat bread (V)cheese sandwiches, fresh apples, raisins, fresh snap peas, and organic milk

PM Snack: Pirate's Booty cheddar puffs and seasonal fresh fruit

THURSDAY

Breakfast: Organic pancakes and maple syrup, organic applesauce, and organic milk

AM Snack: Organic mango and organic rice rollers

Lunch: (V)Whole Foods Market cheese pizza, organic steamed peas, organic blueberries, and organic milk

PM Snack: Veggie straws and seasonal fresh fruit

FRIDAY

Breakfast: Sunflower butter and organic honey sandwiches, assorted fruit/veggie pouches, and organic milk

AM Snack: Organic mixed berries and Hippeas puffs

Lunch: (V)Annie's organic mac & cheese (hidden squash), fish sticks, fresh sliced rainbow veggies with organic dip, and organic milk

PM Snack: Homemade trail mix and seasonal fresh fruit

We serve high quality meals each day for our students that exceed federal and state quality standards. We do not serve items that are listed on Whole Foods' "no" list:
<https://www.wholefoodsmarket.com/quality-standards/food-ingredient-standards>

Children 1-2 years of age are served whole organic milk and children 3-6 years of age are served 2% organic milk. All meals are served with water. While we try our very best to source organic, fresh, and natural food items, we may need to substitute with other items if the original item is out of stock.

(V)Students who are signed up for our vegetarian meal plan will receive meatless meals.